

Methods for Economical Concrete Construction

Ceco Concrete Construction, L.L.C

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Director of Engineering

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A bit about me...



- With Ceco since 2004
 - 5 Years as local Cincinnati formwork engineer
 - 5 Years as East Region Engineer
 - Managed Cincinnati, Hartford, Detroit, DC
 - Ceco's Director of Engineering since 2014
 - Create Ceco Standards and Manuals based on industry standards and Codes
 - Product development & Value Engineering
 - Work with Safety, Quality Control, IT
 - Manage team of 5 Engineers including BIM Manager; Direct team of 50
- Chair of American Concrete Institute (beginning in April)
ACI 347 Committee on Concrete Formwork

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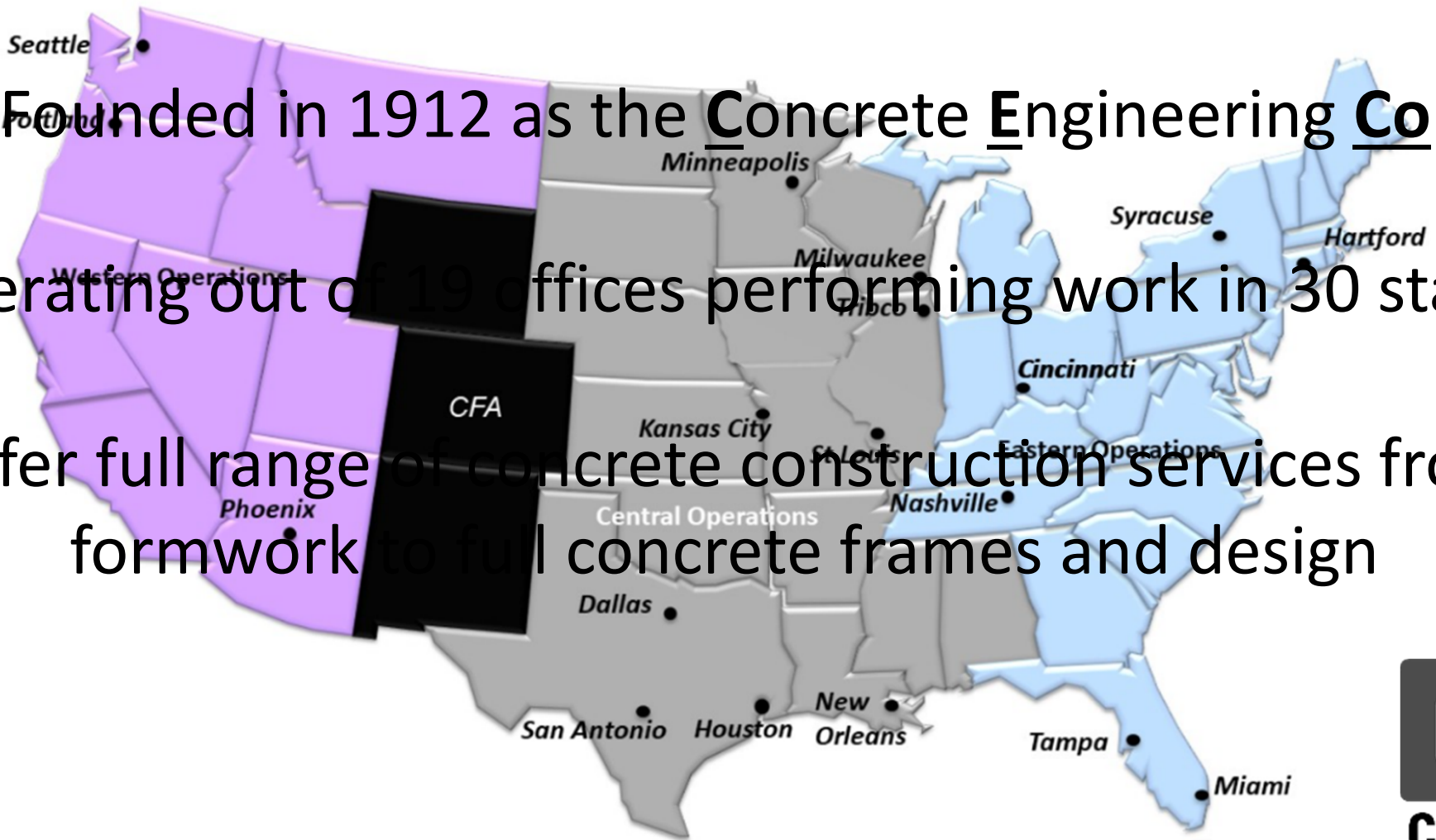


Ceco Concrete Construction

Founded in 1912 as the Concrete Engineering Co.

Operating out of 9 offices performing work in 30 states

Offer full range of concrete construction services from formwork to full concrete frames and design



LEARNING OBJECTIVES

- Building Design Factors Affecting Construction Economy
 - Understanding Impacts of Reshoring
 - Innovation in Concrete Construction
- Concrete Construction Economy and Constructability

Building Design Factors Affecting Construction Economy

Location Location Location

- Access to and for material delivery
- Crane Air Space
- Material Storage and Make-up
- Street Closures



Building Design Factors Affecting Construction Economy

Consistency Leads to Repeatability

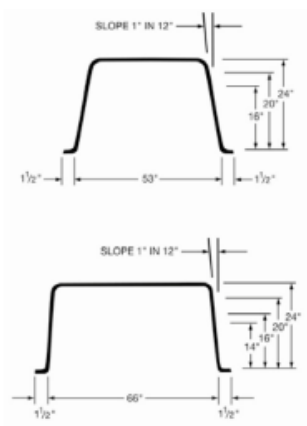
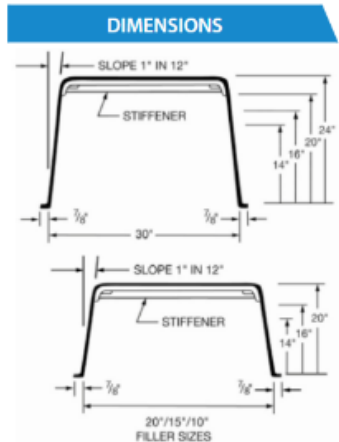
- Inconsistency = Cost
- Inconsistency = Time
- Consider Construction Cost not just Building Material Quantity
 - Increase in form cost to reduce a column width by 1" will likely outweigh the concrete material savings



Building Design Factors Affecting Construction Economy

Stick to Standards

- Discover what industry standards are and use them
 - Call Ceco. We set a lot of the standards
- Custom = Cost
- Formwork is ~1/2 cost of concrete structure



Building Design Factors Affecting Construction Economy

Visual Quality

- Higher Quality = Higher Cost
- Does it need to look that nice?
 - Exposed vs. “Critically” Exposed
- Set clear expectations



Building Design Factors Affecting Construction Economy

Material Properties

- Balance Concrete Strength for Cost vs Schedule
 - Stronger Concrete is more Expensive
 - Faster concrete comes to strength the faster the schedule can go

- Conventional Rebar vs Post-Tension



Understanding Impacts of Reshoring

Distribution of Construction Loads

- Construction loads are generally the highest loads a structure will experience
- Shoring between already cast floors (Reshoring) increases as slab strength decreases
 - # Floors = Construction Load / Strength of Floors
- Increased floors of reshoring slow the construction process



Understanding Impacts of Reshoring

“The Pool Deck”

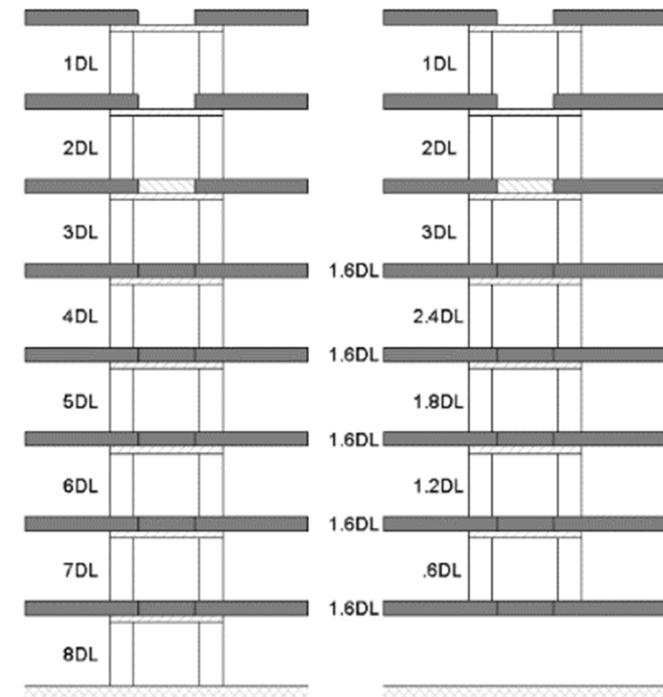
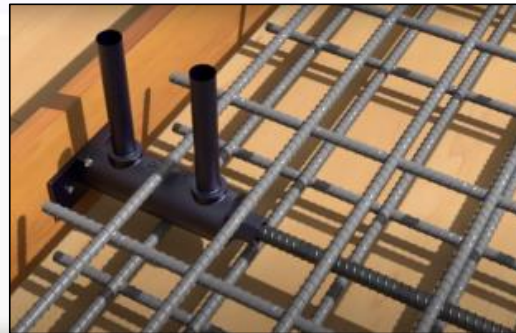
- Very heavy floors high in a building result in many floors of reshores
- Strengthening of floors below can speed up finishing of interior spaces below



Understanding Impacts of Reshoring

Delay Strips – Cause Delay

- Strips of concrete left out to prevent cracking from concrete shrinkage
- Many levels of shoring to support incomplete floors
- Longer strips are open, more floors of reshores are needed
- Seek Alternate Methods



Understanding Impacts of Reshoring

Correct Reshoring is Critical



Skyline Towers: Alexandria, VA
March 1973
14 Dead



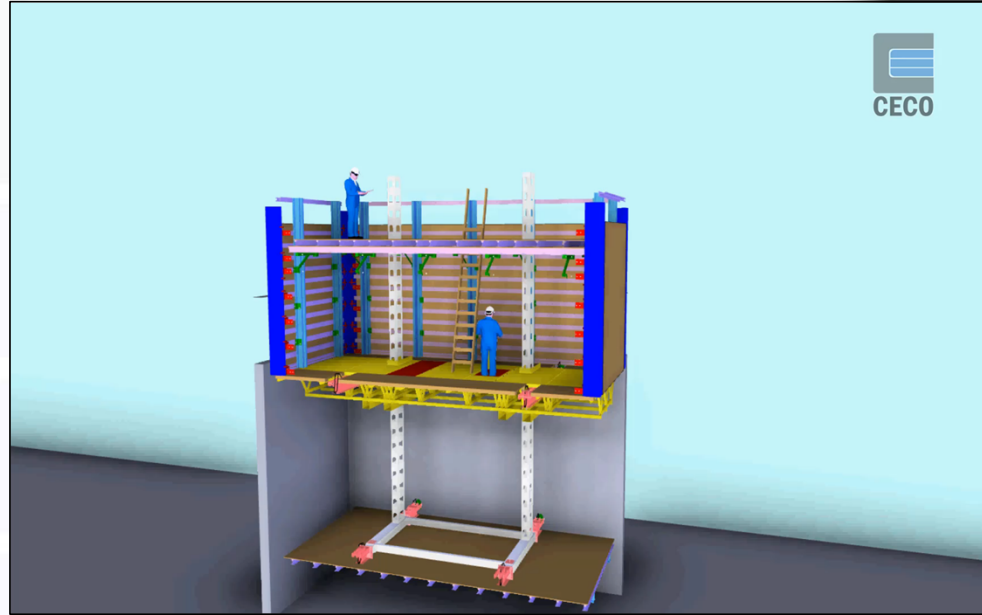
Berkman Plaza 2: Jacksonville, FL
December 2007
1 Dead, 21 Injured

Innovation in Concrete Construction

Focus Innovation

- Reduce Labor
- Reduce Materials
- Reduce Schedule
- Increase Safety

Reduce Labor

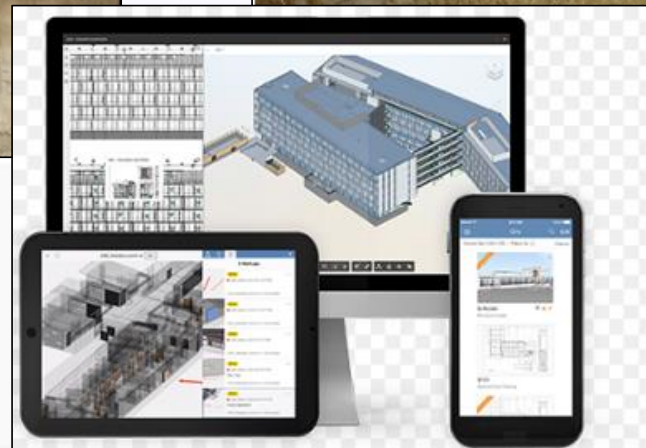


- Large Flying Systems
- Panelized Decking
- Self-Climbing Systems

Reduce Schedule



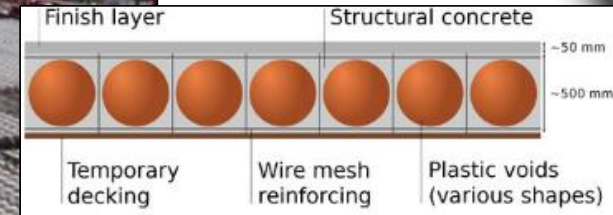
- Self-Climbing Systems
- BIM Integrated Planning & Coordination Tools
- 3D Printed Walls



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Reduce Materials



- Slab & Joist Systems
- “Bubble” Slab Systems
- Less Concrete = Less Carbon Impact
- High Strength Concrete to reduce concrete volume



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Increase Safety



- Perimeter Enclosure Systems
- Wearable Exoskeleton

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Concrete Construction Economy and Constructability

Focus on Labor

- Highest and Most Variable Cost is Labor
- The Human Element
- Understand the limits of the labor force



Concrete Construction Economy and Constructability

Material Movement

- The right Crane for the job
- Self-Climbing Systems
- Moveable Platforms



Methods for Economical Concrete Construction

Concrete Construction Economy and Constructability

Schedule

- Lots of pieces and all need to know where and when they fit in
- Any delay on material deliveries or completion of tasks can cause large impacts
- Use of technology to make processes concurrent



Concrete Construction Economy and Constructability

Safety is Economy

- Build safety into the construction process
 - Eliminate Fall Potential
 - Eliminate Repetitive Lifting
 - Limit Field Modifications
- Efficient Form Design = Fewer Workers = Less Injury Potential = Less Liability



In Summation...

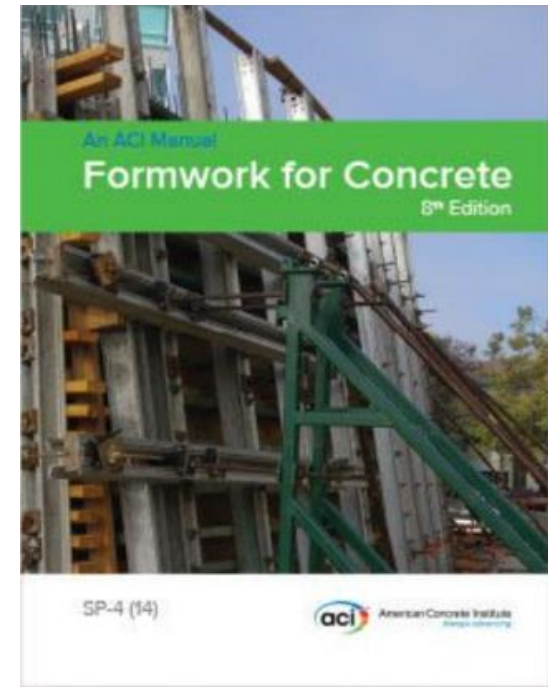
- **See the whole picture**
- **Repeatability and Consistency**
- **Look at strength from a Construction perspective**
- **Use innovation to reduce labor and increase speed**



Concrete Construction References

- ACI 347 Guide to Formwork for Concrete
- **ACI SP-4 Formwork for Concrete Manual**
- ACI Concrete International Magazine
- Supplier Websites
 - Titan, EFCO, Doka, Peri, Aluma

OR...



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Expertise, Strategy, Value
and Experience.

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Thank You!

Any Questions?

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